ST. ANTHONY'S VOICE

NEWSLETTER OF ST. ANTHONY'S FRIARY CHURCH APRIL 2025



FROM CALVARY TO VICTORY

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LENTEN JOURNEY: EMBRACING RENEWAL AND TRANSFORMATION

Dear Parishioners,

As we enter this sacred season of Lent, I invite you to join me in reflecting on its profound meaning—a journey marked by introspection, repentance, and renewal. Lent is not merely a time of fasting and self-denial, but a call to draw nearer to Christ, to examine our hearts, and to transform our lives in His loving light.

During these forty days, we are encouraged to pause and consider the areas in our lives that require healing and growth. Scripture reminds us, "Repent and believe the good news" (Mark 1:15), urging us to turn our hearts toward God. Lent offers us a unique opportunity to break away from the distractions of daily life, to embrace the disciplines of prayer, fasting, and almsgiving, and to allow the grace of God to reshape us from within.

In our observance of Lent, let us:

- Engage in Personal Reflection: Take time to reflect on life, our relationships and our spiritual journey. Let us ask ourselves, "Where do I need to grow closer to God?"
- Practice Prayer and Confession: Strengthen connection with our Lord through daily prayer and the Sacrament of Reconciliation. Confession is not a sign of weakness, but a powerful step toward spiritual healing.
- Embrace Acts of Charity: Lent reminds us that our faith must be lived out through service. Whether by volunteering, sharing our resources, or offering a listening ear, every act of kindness reflects God's love in our community.

- Seek Spiritual Renewal: Join the various Lenten activities at the parish - be it Eucharistic adoration, way of the Cross, SCC, or retreats - and let these moments nourish soul.

As we journey through Lent, let us remember that each sacrifice, each moment of prayer, and each act of service is a step toward transformation. This season is a precious opportunity to renew our commitment to follow Christ more closely and to prepare our hearts for the joy of Easter.



ST. JOSEPH







St. Joseph, the husband of the Blessed Virgin Mary and the foster father of Jesus Christ, is one of the most revered saints in the Catholic Church. Despite being a central figure in the life of Christ, St. Joseph remains somewhat of a mystery, with little written about him in the Bible. According to tradition, St. Joseph was born in Bethlehem around 100 BC. He was a descendant of King David and a member of the tribe of Judah. Joseph was a carpenter by trade and lived in Nazareth, where he married the Blessed Virgin Mary.

When Mary was conceived by the Holy Spirit, Joseph was initially hesitant to accept the child, but an angel appeared to him in a dream and reassured him that the child was the Son of God. Joseph then took Mary and Jesus to Bethlehem, where Jesus was born. After Jesus' birth, Joseph and Mary fled to Egypt to escape the wrath of King Herod, who sought to kill Jesus. They remained in Egypt until Herod's death, when they returned to Nazareth.

Little is known about Joseph's later life, but it is believed that he died before Jesus began his public ministry. According to tradition, Joseph died in the arms of Jesus and Mary. Despite his relatively minor role in the Bible, St. Joseph has become one of the most revered saints in the Catholic Church. He is often depicted in art as an older man with a beard, holding a staff or a carpenter's square.

St. Joseph is the patron saint of many countries, including Canada, Mexico, and Italy. He is also the patron saint of families, fathers, and workers. The feast day of St. Joseph is celebrated on March 19th. It is a holy day of obligation in many Catholic countries, and is often marked with processions, prayers, and traditional foods.

St. Joseph is a powerful example of faith, obedience, and devotion. Despite the challenges he faced, he remained steadfast in his commitment to God and his family. As we celebrate his feast day, we honour his legacy and ask for his intercession in our lives.



FEAST OF THE ANNUNCIATION OF THE LORD

On March 25, 2025, our parish joyfully celebrates the Solemnity of the Annunciation of the Lord, a pivotal moment in salvation history when the Archangel Gabriel announced to the Virgin Mary that she would conceive and bear the Son of God. This feast, occurring exactly nine months before Christmas, commemorates the Incarnation—God becoming man—and highlights Mary's profound faith and obedience.

Biblical Foundation

The narrative of the Annunciation is found in the Gospel of Luke (1:26-38). Gabriel greets Mary, saying, "Hail, full of grace, the Lord is with thee," and reveals God's plan for her to be the mother of Jesus. Despite her initial astonishment, Mary's faithful response, "Behold, I am the handmaid of the Lord; let it be to me according to your word," exemplifies her unwavering trust in God's will.

Historical Significance

The Feast of the Annunciation is one of the principal feasts of the Christian Church, celebrated since at least the fourth or fifth century. Its central focus is the Incarnation: God becoming one of us. From all eternity, God had decided that the Second Person of the Blessed Trinity should become human.

Spiritual Reflection

The Annunciation invites us to ponder the profound mystery of the Incarnation and to emulate Mary's example of faith and obedience. Her "yes" to God's call encourages us to trust in divine providence and to be open to God's will in our lives.

As we celebrate this solemnity, let us renew our commitment to following Mary's example of humility and faith, embracing God's plan with open hearts.

RESPONDING WITH FORGIVENESS

-Shiny Johnson

"FORGIVE AS THE LORD FORGAVE YOU"



Peter came to Jesus and asked, “Lord, if my brother keeps on sinning against me, how many times do I have to forgive him? Seven times? “No, not seven times, answered Jesus, “but, seventy times seven (Mat 18:21-35) and Jesus narrates the Parable of the Unforgiving Servant.

Meditation:

Here, in this parable we learn to imitate Jesus instructing Peter & us that we need to forgive seventy times seven.

What does seventy times seven mean?

If someone offends us, we should forgive them. If they continue to do so, we should forgive them again and also let go of the offence. When God forgives, He also forgets. Jeremiah 31:34 says “I will forgive their iniquity and their sin, I will remember no more.”

God remembers no more unless we remind God of it again. So, when God Himself forgives and forgets our sin, even we should imbibe the same character of forgiving and forgetting. Matt 6:14-15 says "For if you forgive their sins, your heavenly Father will also forgive you, but if you forgive not men their sins, neither will your Father forgive your sins." Yes, we have to forgive one another. If we don't forgive, then we are not adhering to the commandments of God. Keeping the sin within us and remembering it again and again will lead us to develop habits like vengeance, anger, hatred to name a few. Practically, it is not so easy to forgive one another especially if the hurt is deeper and bitter which will be ringing in our ears or running through our minds.

Let us understand that forgiveness is not about them, it is about us. When a person hurts us, he expects the weight of resentment from us, but the moment we choose to release the offense, we reclaim our peace. Understand this: forgiveness is not weakness. It is not excusing what was done or pretending that the pain does not exist. Forgiveness is a strategic decision to free ourselves from the emotional chains of those who have already proven that they do not value us. Holding on to resentment does not punish them; it punishes us. It keeps us emotionally tied to a moment that no longer serves our future. But when we choose to forgive, we break that tie and welcome peace.

Normally, when others offend us, they expect retaliation. But when they see us walking in freedom, unshaken by what they did, they will be surprised to realize that we are not angry with them. This is the 'Power of Forgiveness.'

Do not let their actions define our future. Let us release the offense from our hearts, and we will experience true inner peace. When our hearts are free and our minds are clear, we will see our lives flourish as we choose to move forward, untouched by the past.

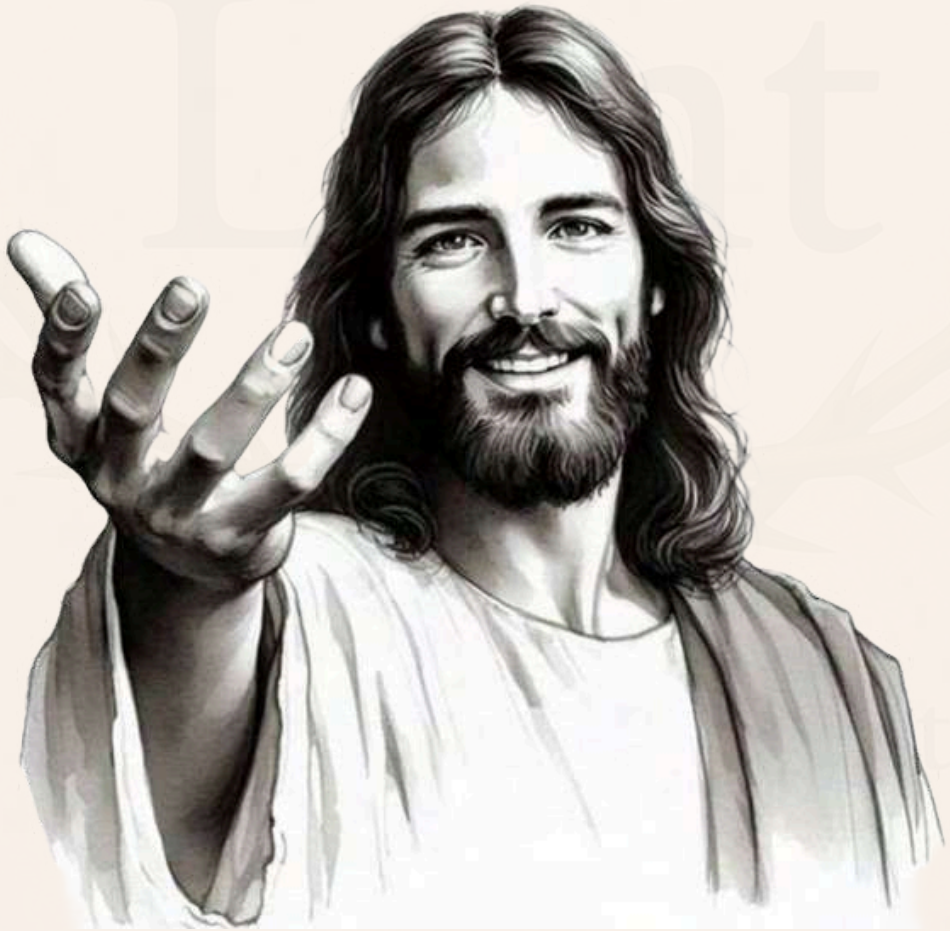
If we have peace, we have already won—because the Prince of Peace, Christ Jesus, dwells in us. **"Blessed are the peacemakers, for they shall be called children of God."** (Matthew 5:9)

Conclusion:

If we can forgive and even forget, God will always be merciful to us. In doing so, we will become children of our Father Almighty. Just as we ask God to forgive our sins, we must also be ready to forgive the sins of others. God forgives us countless times, even when our sins seem great. The more we forgive, the more we become upright in God's eyes.

It is good to be at peace with everyone. Let us not allow anger or enmity to come between us. Instead, let us forgive every offense against us before we go to bed. If we cultivate this habit early, we can prevent great troubles in the future.

Let us respond with forgiveness—not just for our own well-being, but for the betterment of the entire community around us. Let us be the first to initiate!



GOD SENDS FIREFLIES TO ILLUMINATE A RABBI'S SCRIPTURE READING

-Anil Johnson, Maruthinagar

For anyone who still doubts that the Bible is the true Word of God, here is a powerful example that may clear all doubts and misconceptions. It is said that when Palestine was under Turkish rule, a high-ranking officer, known as a Pasha, was particularly cruel and forbade the Jews from lighting lamps at night. As a result, many cities under his rule were completely shrouded in darkness.

Despite this harsh decree, in a city called Safed (also known as Tzfat), located in the Northern District of Israel, there lived a revered rabbi named Joseph Caro. Strangely, the windows of his house always remained illuminated at night. The Turkish guards noticed this unusual phenomenon from afar and reported it to the Pasha. Furious, the Pasha, accompanied by his most trusted bodyguards, rode swiftly to the rabbi's house, determined to punish him for defying his order.

As he neared the house, the Pasha peered through the window and was left in awe. Instead of a lamp, he saw an extraordinary sight—Rabbi Joseph Caro was leaning over, deeply engrossed in reading the Holy Scriptures, while countless fireflies surrounded him, filling the entire room with their glow.Amazed by what he witnessed, the Pasha knocked on the rabbi's door and demanded to know how such a thing was possible. With wisdom and serenity, the rabbi replied: "The Law of God illuminates not only those who study it, but also the fireflies who listen to Him."

We often come across images of St. Anthony holding the Infant Jesus in his arms. The following incident will surely captivate your mind:

One night, Count Tiso, who had given St. Anthony lodging in his home, happened to pass by the saint's room.

As he walked past, he noticed unusual rays of light shining through the cracks of the door. Curious, he approached the door slowly, wondering about the source of the light.

Peering inside, he was left in awe. There was St. Anthony, kneeling in deep ecstasy, gazing upon a radiant child of extraordinary beauty. The child, full of love, tenderly embraced the saint. It was then that the Count realized—this was no ordinary child. He was beholding Jesus Christ Himself, who had appeared in the form of a child to console and bless His faithful servant.

This divine visitation reminds us of the wonders recorded in the Bible. In Exodus 10:22-23, we read: “So Moses stretched out his hand toward heaven, and there was pitch darkness in all the land of Egypt for three days. They did not see one another, nor did anyone rise from his place for three days, but all the people of Israel had light where they lived.”

The Israelites alone had light because they believed in the true God. Likewise, in Exodus 9:6:
“And the next day the Lord did this thing. All the livestock of the Egyptians died, but not one of the livestock of the people of Israel died.”

Again, we see how God protected His chosen people. What an amazing God we serve! At the same time, God gives us a stern warning in Exodus 20:3-5:

“You shall have no other gods before me. You shall not make for yourself a carved image or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth. You shall not bow down to them or serve them, for I the Lord your God am a jealous God.”

Here, "jealous" does not mean envy as we understand it—it signifies God's deep and unwavering love for His people. I recall a personal experience that strengthened my faith. About twenty years ago, I had the habit of waking up early to read the Bible. One morning, as I knelt with the Bible in my hands, I unexpectedly dozed off. When I awoke a few minutes later, I was astonished—the Bible was still in my hands, untouched, not having fallen to the ground. That moment opened my eyes to the presence of God in my life.

We are always careful to read the manual of an electronic device before using it, ensuring we operate it correctly. Shouldn't we have the same, if not greater, dedication to reading the Bible—God's manual for life? If we follow His instructions, our lives will be guided, protected, and blessed beyond measure.



ASH WEDNESDAY OBSERVANCE AT OUR PARISH

On March 5, 2025, our parish community came together in remarkable numbers to observe Ash Wednesday, marking the commencement of the Lenten season. Throughout the day, eight Masses were celebrated, each witnessing an overwhelming turnout of the faithful. Thousands of parishioners participated in the solemn tradition of receiving ashes on their foreheads, symbolizing repentance and renewal.

The significant attendance underscored our community's deep commitment to spiritual growth and unity. The dedication of our clergy, religious and volunteers ensured that each Mass was conducted with reverence and efficiency, accommodating the large congregation seamlessly.

We extend our heartfelt gratitude to all who attended and contributed to the day's services. Your participation exemplifies the strength of our faith community as we embark on this Lenten journey together.



SCC MEETINGS

ST Bed

On Saturday, March 8, 2025, our Small Christian Community (SCC) gathered for a spiritually enriching meeting at 7:00 PM in the home of Stanley and Susan, located in Prestige Pinewood, ST Bed Extension. The meeting saw the participation of approximately 20 to 22 members, reflecting the vibrant faith and unity within our community.

In honour of International Women's Day, each female attendee was presented with a red rosebud by Fr. Alex Martis, symbolizing our appreciation for the invaluable contributions of women. The session featured active engagement from all members, who shared their reflections on the Scripture readings. Fr. Alex provided an insightful explanation of the Gospel, deepening our collective understanding and fostering a lively discussion.

The gathering concluded with a time of fellowship, highlighted by a delicious dinner graciously prepared by our hostess, Susan. We extend our heartfelt gratitude to Stanley and Susan for their warm hospitality, to Fr. Alex for his spiritual guidance, and to all members who participated. It was indeed a blessed evening, reflecting the essence of our SCC's mission to grow together in faith and community.





BTM 1st Stage 'B' WARD

-Mr. Thomas Alexandar J

The first SCC meeting of the ward, with its newly elected representative was held on 8th March 2025 at 6 PM in the residence of Mr. Alphonse Pereira. A total of 9 adults, including 1 SCC animator, were present for the gathering. The meeting was announced during the Sunday Mass on 2nd March and further communicated through the ward's WhatsApp group to ensure participation.

After the initial welcome and introductory prayer, Mr. Thomas Alexandar read the gospel reading amidst the gathering following which all the members shared their reflection on the scripture passage and the
significance of the same in their lives. The sharing ended with a concluding prayer after which the forum began to deliberate on the agenda of the meeting as decided prior, namely.

1. Briefing of the members regarding the developments in the parish and PPC.
2. Eliciting the suggestions of the members for the activities of the SCC
3. Discussion on the probable name of the SCC ward.

After discussing on the agenda 1, due to the limited attendance for the meeting it was decided to postpone agenda 2 and 3 respectively for next meeting.

Journey Towards Renewal
A Season of Reflection and Renewal

8th Block Koramangala

The Koramangala 8th Block ward held its SCC meeting on March 16th at 5:30 PM at Redemption Sisters Convent. The gathering began with a devotional prayer to our Blessed Mother, including the Rosary and the Litany of Saints, led by ward member Mrs. Philomena. Following this, the group read and reflected on the Gospel for the 3rd Sunday of Lent, Luke 13:1-9, which emphasizes Christ's call to "Repent or Perish." A few moments of silence were observed after the reading, allowing members to personally reflect on its message. Each ward member then shared their thoughts, enriching the discussion with personal insights. The meeting concluded with a short prayer by Mrs. Theresa, and a collective decision was made to hold a Way of the Cross on April 11th as part of the ward's Lenten spiritual preparation. The gathering was a meaningful and enriching experience, strengthening the bond of faith within the community.



St. Alphonsa Ward

The St. Alphonsa Ward meeting was held on March 9th at SCN Niketan, with most ward members in attendance. The gathering commenced with the Divine Mercy prayer, setting a spiritual tone for the evening.

An engaging icebreaker session followed, featuring a riddles competition with most questions focused on St. Anthony, St. Alphonsa, and general knowledge. Ward members enthusiastically participated, making it a lively and interactive start to the meeting.

The spiritual segment of the event included the reading of Monday's Gospel (10th March- Matthew 25:31-46) in three different languages. Fr. Arok then shared a reflection on the passage, deepening the members' understanding and faith.

During the discussion, a new initiative was proposed—to pray for one another individually through family prayers or church visits. To facilitate this, the PPC member will share one family name each day, encouraging all members to pray for that family. This meaningful practice was warmly welcomed and is set to begin soon.

A special moment of gratitude was dedicated to the former leaders of St. Alphonsa Ward, who were honored for their dedicated service and commitment. Additionally, in celebration of International Women's Day, all the women present wished each other and shared gifts as a token of appreciation.

Through
A Season of Reflection
and Renewal

St. Alphonsa Ward



Our Lady of Lourdes ward, 6th Block, Koramangala





On Friday, March 14, 2025, our Small Christian Community (SCC) convened for a spiritually enriching meeting at 7:00 PM at the residence of Dr. Jayanthi, with approximately 20 members in attendance.

Installation of Our Lady of Lourdes Statue:

The gathering commenced with a heartfelt ceremony where Dr. Eliza Pereira entrusted the statue of Our Lady of Lourdes to Dr. Jayanthi. This installation was solemnized by the communal singing of "Ave Maria," fostering a deep sense of reverence and unity among the participants.

Bible Reading and Reflection

In preparation for the Scripture reading, the group sang "One Day at a Time," a hymn that encourages reliance on divine guidance through daily challenges. Following the hymn, members engaged in reading, interpreting, and discussing the Bible passage, sharing personal reflections and insights that enriched the collective spiritual experience.

Program Planning for the month of March

The meeting progressed to planning various activities for March. In recognition of Women's Month and to honour Mother Mary as a role model, members adorned themselves in blue and white attire. Traditionally, blue symbolizes peace, tranquillity, and divinity, reflecting Mary's virtues and her esteemed role in salvation history. The evening concluded with a time of fellowship, complemented by refreshments.

FAMILY BIBLE PROCLAMATION THANKSGIVING SESSION

The Family Bible Proclamation is a beautiful spiritual journey where families come together to read and proclaim the Word of God. It is not just about reading the Bible but about deepening our faith, understanding God's message, and strengthening family bonds through prayer and reflection. This initiative, started by the Bible Commission of the Archdiocese of Bangalore, has been a source of immense spiritual enrichment for all participants.

Our Journey:

In our church, we began the Family Bible Proclamation in July 2024. With the guidance and blessings of Rev. Fr. Jeevan Prasad Dhandavathi, Secretary of the Bible Commission, along with Br. Nathan and Sr. Anita D'Souza, who are also members of the Bible Commission, Archdiocese of Bangalore, we embarked on this mission to proclaim the Word of God.

We started our reading with Genesis Chapter 1 and continued daily through the Zoom platform from 9:00 to 9:30 PM. Throughout the month of July, Br. Nathan and Sr. Anitha guided us, offering their support and insights. From August onwards, we took on the responsibility ourselves while they continued to provide valuable keynotes at the completion of each book. These keynotes played a crucial role in helping us understand the Bible more deeply.

By the grace of God, on February 20, 2025, we successfully completed the reading of the entire Bible. To mark this milestone, we had a Thanksgiving session on the virtual platform at 8:00 PM. Around 20 families joined and shared their experiences. All glory to God for enabling us to accomplish this remarkable spiritual milestone!

A Grand Thanksgiving Celebration – March 2, 2025

Our journey does not stop here. Inspired and enriched by this experience, we have now begun reading the Bible for the second time, starting again from Genesis. On March 2, 2025, we celebrated a Thanksgiving Mass in gratitude for completing the entire Bible. The Holy Eucharist was celebrated by Rev. Fr. Jeevan Prasad Dhandavathi, and Rev. Fr. Prashanth Fernandes, our Parish Priest, concelebrated the Mass.

Before the Mass, Mrs. Matilda Rego gave a small introduction about the Family Bible Proclamation. The Bible Proclaimers—23 families who were regular in the Bible reading—went in a procession along with Rev Fr Jeevan, Bible Commission team Br. Nathan and Sr. Anitha D'Souza and Rev Fr. Prashanth with their Bibles before the Mass, and Bible Enthronement was done at the beginning of the Mass.

During the homily, Fr. Jeevan emphasized the importance of clergy participation in this mission to receive abundant blessings. Since 23 families and Rev Fr. Prashanth were regular participants, he encouraged doubling this number to 48 for the next session. He urged each participant to invite one more person, so that the next Bible Proclamation would have at least 48 members. At the end of the Mass, Fr. Prashanth was felicitated by Rev. Fr. Jeevan for his support and dedication to this mission. Rev. Fr. Prashanth felicitated the Bible Commission team of the Archdiocese of Bangalore. Rev Fr. Prashanth along with Fr. Jeevan also felicitated the 23 families who were regular in the Bible Proclamation.

Following the Mass, we had an interactive session with the Bible Commission team. Rev. Fr. Jeevan, Br. Nathan, and Sr. Anitha engaged the participants with various fun and faith-filled activities, including: Bible Quiz – testing our knowledge of Scripture, Dumb Charades – guessing Biblical stories…etc.

To encourage our little angels, Bible Commission team of the Archdiocese of Bangalore distributed Cadbury Silky Bubbly chocolates to the winning children and also to the families.

A special Holy Bible was gifted to Mr. Shawn D'Cunha, who answered almost all the quiz questions correctly!
At the conclusion of the session, Rev. Fr. Jeevan proposed a vote of thanks on behalf of the Bible Commission, Archdiocese of Bangalore. He expressed his gratitude to our Parish Priest, Rev. Fr. Prashanth, the parish team, and all the proclaimers who participated in this beautiful journey of faith.

Mrs. Anita Saldanha from our Friary parish proposed the vote of thanks. She thanked Rev. Fr. Jeevan, Br. Nathan, and Sr. Anitha D'Souza, as well as Rev. Fr. Prashanth, the parish team, and all the proclaimers. Before concluding, Fr. Jeevan blessed the food, and we all shared a fellowship meal together. On the whole, it was a wonderful gathering filled with faith, joy, and togetherness. We pray that God's Word continues to inspire, guide, and bless us all as we walk together in faith!



ST. ANTHONY'S DAY CELEBRATION

On Thursday, March 13th, our parish joyfully celebrated St. Anthony's Day, honouring our patron saint with a series of spiritually enriching events that fostered community unity and devotion. The celebration commenced with a solemn Mass presided over by Rev. Fr. Prashanth Fernandes. A significant number of devotees attended, participating in a well-organized liturgy that featured readings and hymns in our local languages, enhancing the communal worship experience.

Following the Mass, the community gathered for a Rosary procession, reverently walking around the church campus while praying the Rosary. This procession allowed parishioners to publicly express their faith and seek the intercession of the Blessed Virgin Mary. The evening concluded with Benediction, led by Mr. Anthony Das, creating a solemn and grace-filled end to the retreat. During this sacred moment, Fr. Francis A. imparted blessings upon the congregation, leaving everyone with a renewed spirit and a deep sense of peace and gratitude. Attendees also participated in an anointing ceremony, receiving holy oil as a symbol of spiritual healing and renewal.

The celebration culminated with a shared fellowship meal, strengthening our bonds of faith and community. This communal gathering provided an opportunity for parishioners to connect, reflect, and rejoice in the blessings of the day.

We extend our heartfelt gratitude to all who contributed to organizing this meaningful celebration and to all attendees whose presence made the day truly special. May St. Anthony continue to intercede for our parish, guiding us in our spiritual journey.

A Season of Reflection and Renewal

ST. ANTHONY'S DAY CELEBRATION















A SPECIAL ADORATION HELD AT ST. ANTHONY'S FRIARY CHURCH

In response to the decree issued by Archbishop Peter Machado of Bangalore, a special Adoration was held at St. Anthony's Friary Church on Friday, February 28, 2025. This act of reparation was in light of the sacrilegious theft that occurred at St. Anthony's Church in Uttarahalli, where a Monstrance containing the Blessed Sacrament was stolen.

The Adoration sessions were conducted twice—once at noon and once in the evening, each lasting one hour. A significant number of parishioners attended these sessions, coming together in prayer and solidarity to seek forgiveness and healing for the grievous act.

We extend our heartfelt gratitude to all who participated in these solemn gatherings, demonstrating our collective faith and commitment to uphold the sanctity of our beliefs.



ADORATION LED BY RABBI'S GOSPEL CHOIR

On Saturday, March 1st, following the 6:00 PM Mass, St. Anthony's Friary Church was graced by a spiritually enriching adoration service led by the Rabbi's Gospel Choir. A significant number of parishioners participated in this sacred time of prayer and reflection, creating an atmosphere filled with devotion and unity.

The adoration was deeply uplifting, drawing everyone into a profound spirit of worship. The soft music, melodious singing, and heartfelt recitation of the Divine Mercy Rosary created an ambiance that facilitated deep prayer and contemplation. The Divine Mercy Rosary, a cherished devotion in our tradition, focuses on imploring God's mercy for ourselves and the whole world, emphasizing trust in Christ's mercy and the call to show mercy to others.

This grace-filled experience truly lifted our hearts, helping us draw closer to the Eucharistic Lord. The evening concluded with a deep sense of peace, renewal, and gratitude for the gift of adoration in our spiritual journey.

We extend our heartfelt thanks to the Rabbi's Gospel Choir for leading this beautiful service and to all parishioners who attended, making it a memorable evening of communal prayer and worship.

A Season of Reflection and Renewal

LENTEN RETREATS – PATHS OF GRACE

English Retreat

On February 8, 2025, our parish community gathered for a spiritually enriching Lenten retreat conducted in English by Rev. Sr. Margarita Dias SCB. The retreat, held from 5:00 PM to 10:00 PM, provided attendees with a profound opportunity for reflection and renewal. This sacred time allowed participants to step away from their busy daily life and immerse themselves in prayer, contemplation, and spiritual growth.

The evening commenced with an hour of Eucharistic Adoration, setting a reverent and prayerful tone for the retreat. Fr. Prashanth Fernandes solemnly exposed the Blessed Sacrament, inviting all present into a sacred time of worship and reflection. Following this, Sr. Margarita led the congregation in heartfelt adoration, guiding us into deeper communion with the Lord through prayer and contemplation.

Following the adoration, we fulfilled our Sunday obligation with the celebration of the Holy Mass. This seamless integration of worship elements enriched the retreat experience, allowing participants to fully engage in the liturgy and deepen their spiritual connection through the Eucharistic celebration.

Sr. Margarita's retreat talks were both inspiring and transformative. Drawing from Sacred Scripture and her deep spiritual insight, she articulated the Word of God in a manner that resonated with all present. Her preaching invited us to reflect on our Lenten journey, inspiring a deeper commitment to our faith and a renewed desire to grow in spiritual devotion.

The retreat concluded with the anointing of participants with holy oil, symbolizing healing and sanctification. This sacred ritual left attendees feeling spiritually nourished and renewed. We extend our heartfelt gratitude to Sr. Margarita for her dedication and to all who participated, making this retreat a significant milestone in our communal Lenten observance.

Kannada Retreat

On February 15, 2025, our parish community witnessed a spiritually enriching Lenten retreat conducted in Kannada by Rev. Fr. Vinay Kumar, Fr. Arokiaswamy, Br. Peter, along with the Marian team. The evening commenced with an hour of Eucharistic Adoration, during which Fr. Vinay Kumar led the congregation in heartfelt worship, guiding us into deeper communion with the Lord. Following the adoration, we fulfilled our Sunday obligation with the celebration of the Holy Mass.

The retreat talks delivered by Fr. Vinay Kumar, Fr. Arokiaswamy, and Br. Peter were both inspiring and transformative. Their reflections provided deep insights into our Lenten journey, encouraging personal growth and a closer relationship with God.

We extend our heartfelt gratitude to Rev. Fr. Vinay Kumar, Fr. Arokiaswamy, Br. Peter, and the Marian team for their dedication, and to all who participated, making this retreat a significant milestone in our communal Lenten observance.

Tamil Lenten Retreat

On March 22, 2025, our parish held a peaceful and prayerful Tamil Lenten retreat led by Rev. Fr. Kennedy. The retreat began at 5:00 PM with an hour of Eucharistic Adoration. Fr. Kennedy led the prayers and helped everyone feel closer to God.

After the adoration, we celebrated the Holy Mass. Fr. Kennedy gave a meaningful homily, reminding us about the importance of Lent and turning back to God with a sincere heart.

He then gave inspiring talks that helped everyone understand the true meaning of Lent—prayer, forgiveness, and living a holy life. The retreat ended with the anointing of the faithful with holy oil, bringing comfort and healing to many.

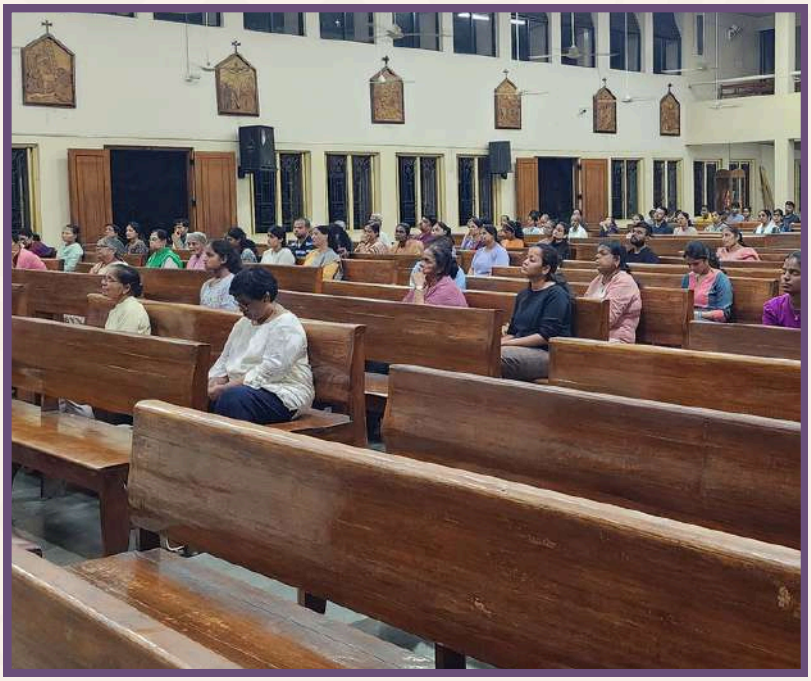
We thank Fr. Kennedy and all who helped make this retreat a special moment in our Lenten journey.

Konkani Retreat

On March 29, 2025, St. Anthony's Friary Church hosted a spiritually enriching Konkani retreat, commencing at 5:00 PM with Eucharistic Adoration led by Rev. Fr. Maxim Dias. Following this period of profound worship, the Holy Mass was celebrated, during which Fr. Maxim Dias delivered an insightful homily. After the Mass, the retreat talks began, offering a beautiful exposition of the Scriptures. The retreat concluded with the anointing of participants with holy oil, providing a deeply moving and transformative experience for all attendees.

The retreat attracted a diverse congregation from the parish and surrounding areas, all eager to deepen their faith and understanding during the Lenten season. Fr. Maxim Dias emphasized the values of the gospel encouraging participants to embody these virtues in their daily lives. The communal prayers and hymns, conducted in Konkani, fostered a sense of unity and cultural heritage among the attendees.
The success of this retreat was made possible by the dedicated efforts of the parish volunteers and organizers, who ensured a seamless and spiritually uplifting experience. Their commitment reflects the vibrant faith community at St. Anthony's Friary Church.





SSVP LENTEN OUTREACH
A DAY OF COMPASSION AND JOY

On 8th March 2025, members of SSVP, St. Anthony's Friary Church, Bangalore, embarked on a Compassionate mission to extend love and care to the elderly and visually impaired children as part of their Lenten outreach mission. Their visit to Jerome Home and Jyothi Seva Society was filled with moments of joy, inspiration, and service.

A joyful interaction at Jerome Home

Jerome Home, an old age home instituted by the SSVP of Francis Xavier Cathedral, Bangalore, welcomed the members with open hearts and warm smiles. Sr. Emilia and Sr. Nirmala graciously received the visitors, setting the tone for a meaningful interaction with the elderly residents. Despite their age and challenges, including visual impairment, their spirit of celebration remained strong.

The members entertained the residents with hymns and songs, creating a joyful atmosphere. Engaging them further, they organized games, where the winners were cheered and rewarded with prizes. As a token of support, the SSVP donated Rs. 5000/- along with essential provisions, including dals, oils, eatables, and toiletries.

Adding to the grace of the occasion was the presence of Mr. Patrick, one of the oldest members of the Society of the Cathedral, who has been dedicatedly caring for the residents since the home's inception. His commitment and spirit of fraternity deeply moved everyone present.

A compassionate visit to Jyothi Seva Home

The members then proceeded to the Jyothi Seva Home and School for Blind Children, run by the Jyothi Seva Society of the Congregation of Franciscan Sisters Servant of the Cross.

They were warmly welcomed by Sr. Clara, Sr. Esther, and Sr. Catherine, who shared insights into the functioning of the home and school.

The members engaged the visually impaired children in fun-filled games and songs, to which they responded with enthusiasm and joy. A highlight of the visit was the showcasing of the children's creative works, which were truly remarkable and inspiring.

To support their efforts, the SSVP extended financial assistance of Rs. 10,000/- and distributed biscuits and chocolates to the children. Prizes were also given to the winners of the games, adding to their delight.

A Spiritually Enriching Experience

This outreach mission was not just an act of service but a deeply moving experience for the SSVP members. Witnessing the strength, resilience, and joy of both the elderly and the visually impaired children was uplifting. The day was filled with hope, inspiration, and spiritual renewal, reinforcing the true essence of Lent—compassion, charity, and love.



VIA DOLOROSA

Way of the Cross in the parish

During this Lenten season, our parish has been deeply engaged in the devotion of the Way of the Cross, reflecting on the profound journey of Christ's Passion. This cherished tradition invites us to spiritually accompany Jesus on His path to Calvary, deepening our understanding of His immense love and sacrifice.

We are graced with the opportunity to offer the Way of the Cross daily, immediately following our morning, noon, and evening Masses. This schedule provides all parishioners with ample opportunities to participate, fostering a rhythm of prayer and reflection throughout the day. On Fridays, we hold a special observance of the Way of the Cross, which has been met with remarkable attendance. The increased participation on these days highlights our community's dedication to embracing the Lenten journey collectively.

The enthusiasm and commitment of our volunteers have been instrumental in organizing these devotions. Their dedication ensures that each station is thoughtfully prepared, creating an environment conducive to deep contemplation and prayer. This spirit of service not only enhances our liturgical celebrations but also strengthens the bonds within our parish community.



WAY OF THE CROSS – TEACHERS' COLONY WARD

The Way of the Cross is a powerful Lenten devotion that allows the faithful to spiritually accompany Jesus Christ on His journey to Calvary. Through the fourteen stations, each portraying a pivotal moment in Jesus' passion, suffering, and ultimate sacrifice for humanity, we are invited to reflect deeply and draw inspiration for our own life journey. This solemn devotion encourages us to embrace faith, perseverance, and compassion, finding strength in Christ's unwavering love. Through prayer, reflection, and meditation at each station, we are invited to deepen their repentance, gratitude, and love for Christ. This devotion serves as a reminder of God's immense mercy, inspiring us to carry our own crosses with faith and perseverance, just as Jesus did.

The families of Teachers' Colony gathered in faith on the four Saturdays of March—9th, 16th, 23rd, and 30th—at the residences of Janet, Vinay, and Benny to prayerfully follow Jesus on His Passion journey. These gatherings provided a sacred space for reflection, unity, and a deeper connection to Christ's suffering and sacrifice.

Thereafter, the families present came together in heartfelt prayer, lifting up one another's intentions before the Lord. They prayed for strength in faith, healing, peace, and blessings upon each household, entrusting their joys and struggles to God's divine providence. This shared moment of intercession fostered a sense of unity, support, and spiritual bonding, reinforcing the power of communal prayer in their faith journey.



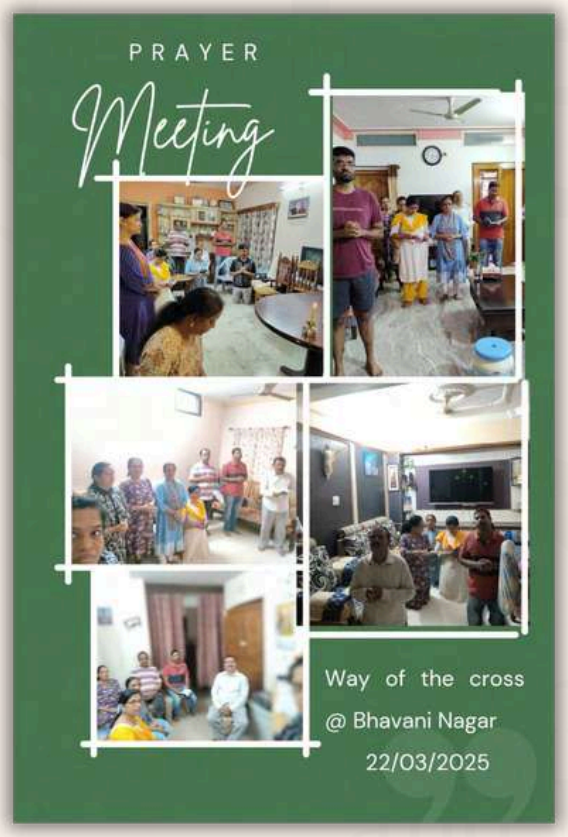


WAY OF THE CROSS IN ST. MONICA WARD

In observance of the Lenten season, St. Monica Ward organized the Way of the Cross on March 22 and 23, 2025. This initiative encompassed eight residences in Bhavani Nagar and thirteen in Bharati Layout. Families participated with heartfelt devotion, creating a profound and meaningful spiritual experience within their homes.

The Way of the Cross, traditionally practiced during Lent, invites the faithful to meditate on the Passion of Christ, following His journey from condemnation to crucifixion. By hosting this devotion in their homes, parishioners not only deepened their personal connection to this sacred tradition but also fostered a sense of communal prayer and reflection within the neighbourhood.

We commend the Monica Ward community for their dedication and collaborative spirit in bringing this solemn observance into their homes, enriching the Lenten journey for all involved.





SENIOR CITIZENS "GUARDIANS" MEET

The Senior Citizens Guardians' meet was held on March 23, 2025.The meeting commenced with an inspiring speech by Charles Noronha, emphasizing the importance of preparing for the golden years of life. This was followed by a short prayer led by Saroja and Benedicta D'Souza.

Nola D'Souza introduced the guest speaker, Mr. Vasanth Fernandes, a practicing civil lawyer with expertise in Writs and Succession Laws. Mr. Fernandes shared valuable insights on inheritance laws, explaining the differences in succession across religions, the legal aspects of wills, and the importance of proper documentation. He highlighted that a will need not be on stamp paper or registered but should have two impartial witnesses. He also stressed the significance of clarity in drafting wills to avoid disputes.

Following the talk, a lively Q&A session was held, where Mr. Fernandes addressed concerns regarding wills and succession. The session was well-received and highly informative.

A Bible quiz in Kannada was then conducted, followed by engaging games for all attendees. The celebration of five members' birthdays added a festive touch, marked by cake cutting and refreshments. The meeting concluded with lunch and a briefing by President Mrs. Leena about the upcoming picnic on 26th April. A Vote of Thanks was extended to all contributors, bringing the event to a close.







WOMEN'S DAY 2025: A GRAND CELEBRATION BY THE PARISH WOMEN'S CELL

-Nymphe Menezes

The Parish Women's Cell hosted a spectacular Women's Day 2025 on 09-Mar-2025, marking not just a celebration of womanhood but also their Annual Day. With meticulous planning and heartfelt execution, the event brought together over 150+ women from across communities, age groups, and backgrounds. The day was filled with prayers, recognition, joy, and unity, making it a truly memorable occasion.

The day began with a meticulously handled registration process, managed by young and enthusiastic girls who welcomed every attendee with warmth, grace, and a beautiful flower brooch, adding a special touch of appreciation and elegance to the occasion. The opening prayer, enriched by a traditional Indian Classical Dance rendition, created a spiritual aura, setting the perfect tone for the event. Rev. Fr. Prashanth Fernandes, our Parish Priest, invoked the blessings of the Almighty and honored the Patroness of Women, Mother Mary, by offering flowers at her statue, symbolizing devotion and gratitude. Adding to the grace of the occasion, the event was honored by the presence of distinguished guests—Rev. Sr. Digna from Holy Cross Convent, Rev. Sr. Daisy from the Redemptorist Congregation, Fr. Arokiaswamy, and Fr. Eugene—who shared the stage alongside Rev. Fr. Prashanth, making the celebration even more special with their esteemed presence and words of wisdom.

A touching highlight of the event was the cake-cutting ceremony, where the eldest woman in attendance, aged 88 years, and the youngest, aged 18 years, were invited to cut the cake together. This moment symbolized the unity and inclusivity of women across generations, celebrating their journey and contributions to society.

A significant part of the celebration was the formal introduction of the new Women's Cell team, who will lead and organize upcoming initiatives for the parish women. The newly appointed team includes Fr. Prashanth Fernandes (President and Spiritual Advisor); Philomena Manual (Vice President), Sahaya Mary (Secretary), Vijaya C (Joint Secretary), Susheela Raju (Treasurer), Prathibha Rodricks (Events and Community Coordinator), Nympha Menezes (Youth Coordinator), Arputha Viji (Joint Youth Coordinator), and Core Committee Members Veena Serrao and Prescilla Menezes. These dedicated women along with our beloved Parish priest stepped forward with a strong commitment to serve and uplift the parish women through various programs and initiatives.

The event also took the opportunity to felicitate remarkable women achievers who have made significant contributions in various fields:

- Vasanthi – Rajyotsava State Awardee, honored by the Chief Minister for her exemplary services in nursing.
- Pokkisha Sagayam – Empowering women through skill training in tailoring, having trained over 400 women.
- Bridgit – Author & YouTuber, dedicated to reviving ancient British-era recipes and preserving culinary heritage.
- Kiruba – Successfully translated and hand-written the entire Bible in Tamil, a work of immense devotion.
- Alrisha Rasquinha – A state-level hockey captain who led her team to victory and was also selected to play at the national level in Floorball.

Their dedication and achievements were applauded, served as a motivation to all present, proving that dedication and perseverance lead to remarkable achievements.

Journey Towards Renewal
A Season of Reflection and Renewal

The event was not just about recognition but also about fun and togetherness. Engaging group games, well managed by MC Stany along with Volunteers, kept the excitement alive. Many lucky participants won bumper prizes, bringing smiles and a sense of contentment.

As the event neared its conclusion, a vote of thanks was extended to all the volunteers, organizers, and participants who made the celebration a grand success. Each volunteer was honored with a token of appreciation for their efforts in making the day memorable. A sumptuous breakfast was served, adding to the warmth of the gathering.

With an overwhelming turnout of 150+ women from across all communities, age groups, and backgrounds, the event was truly a grand success. The newly appointed team, elated by the response and appreciation, has promised to organize more exciting events for all parish women aged 18 and above. As a token of love and appreciation, each woman received a special takeaway gift, leaving them with smiles of gratitude and cherished memories of a truly wonderful celebration.

To all the wonderful women of our parish—stay tuned for upcoming announcements! Your active participation and support will help build a stronger, more connected, and empowered community. Let us continue this journey of faith, strength, and togetherness!



WOMEN'S DAY 2025



WOMEN'S DAY 2025



and Renewal

NIGHT VIGIL – MARIAN MINISTRIES

The Marian Ministries team held a vigil prayer Meeting March 8,th 2025, at St. Anthony's Friary Church in Bangalore. The event was graciously permitted by the Parish Priests, Rev. Fr. Prashant OFM and Rev. Fr. Arokia OFM. Over 180 devotees from the Bangalore, Mysore, Coorg, Bellary, and Vijipura & devana halli, Kolar Coorg attended the event, which featured classes on the Word of God, Adoration, the Holy Mass. with Father Arok Fr Vijay raj jaunet Secretary Bible Commission of Karnataka Bengaluru & Br Peter led these sessions FIVE priests from various religious orders offered the sacrament of Confession and spiritual counselling in multiple languages, namely, Kannada, Konkani, Tamil, Telugu, Malayalam, and English, to those seeking spiritual special assistance .Bro. Kiran led the sacred singing, guiding the congregation in singing praises and prayers, while Sr. Prathiba and Sr Maria , The next month Night Vigil Prayer Meeting is planned for the Second Saturday of the month, April 12 th. , 2025 at 9:30 PM.



REPORT OF THE FREE HEALTH CAMP

-Phifomena Manuel

On Sunday, 23rd March 2025, Apollo Clinic of Koramangala organised health camp from 8 am to 2 pm in St. Anthony's Friary church. Women's cell meticulously planned and executed with the doctors and nurses to conduct various tests like eye check up, dental, hearing, screening, vaccine counselling, breast cancer awareness and BP monitoring. Nearly 106 parishioners availed this opportunity and left the place with satisfaction.

Rev. Fr. Prashanth Fernandes, the parish priest, visited the venue and appreciated the work of the doctors and the staff. He also acknowledged the services rendered by the members of women cell. The event was successful with the collaborative efforts of the team and this gave us the opportunity to build a better bond among the members. Our heartfelt gratitude to the office bearers and the volunteers for their co-operation and support.







YOUTH MEETING – LIVING CLAY

The meeting held on 23rd March 2025 (Sunday) commenced at 11:30 AM in Classroom No. 4. It was led in prayer by Michael, and the meeting concluded with a closing prayer by Shirley at 12:10 PM. The gathering aimed to discuss important matters related to upcoming events, the formation of committees of Living Clay (LC). Several agenda items were covered, each of which contributed to the planning and coordination of the group's activities.

One of the main items on the agenda was the Summer Camp, scheduled for the first week of May 2025. The camp is set to last three days, and it was decided that the group would collaborate with three other teams to ensure the camp's success. To finalize the camp's plans, a meeting with Father is scheduled for 30th March 2025, where the details and arrangements will be discussed further. This summer camp presents an important opportunity for the youth and members to come together, and careful planning is crucial to its success.

Another significant point of discussion was the formation of a new election committee for Living Clay (LC). As the organization continues to evolve, the need for fresh leadership and a new structure for the election process became evident. The discussion highlighted the importance of having a dynamic and effective election process to support the ongoing growth of Living Clay.
Social media management was also on the agenda. It was decided that Stanly would hand over the social media credentials to the relevant team members. This would ensure that the online presence of Living Clay would be managed efficiently, allowing for better communication and outreach. Social media plays an essential role in keeping the members and the wider community informed about the group's activities, and having designated people to manage these accounts was seen as a necessary step.

The meeting also touched on the topic of event documentation. The group agreed that all documentation for various events, both past and future, must be completed and submitted by 15th April 2025. Accurate record-keeping is vital for future reference and for reporting on the success of events. To this end, a follow-up meeting is scheduled for 29th March 2025, where all members responsible for event documentation will review and finalize the required reports.

These efforts ensure transparency, accountability, and a well-organized archive of activities. A brief discussion about the various activities were put forward which included events from 2023-2025.

List of Events Conducted:

2023:

- Resurrection Tomb - April
- Prayer for Manipur - August
- Cloth Drive - September
- Frayme - October
- Mission Sunday - November
- Christmas Crib - December

2024:

- Mission Sunday - November
- Christmas Tree - December
- Fundraising for Christmas - December

2025:

- Outreach Program - in January

A discussion was held about the possibility of organizing a Youth Mass for the parish. The idea was warmly received, and further discussions will be necessary to decide on the logistics, such as the specific date, the format of the mass, and the roles to be assigned. A Youth Mass would provide an opportunity for the younger members of the parish to take a more active role in the church's activities, fostering a deeper connection with the faith and the community.

Finally, the establishment of a Google Drive for Living Clay was proposed. This shared drive would provide a centralized, easily accessible location for all important documents, event records, and communications. It would facilitate better collaboration among members and streamline the process of sharing information, ensuring that everyone involved in LC activities remains informed and organized.

Journey Through
A Season of Reflection
and Renewal

ಸೆಂಟ್ ಫಾಲ್ಸ್ ವಾರ್ಡ್ ಬಾಲಾಜಿನಗರ ಎಸ್ ಎಸ್ ಸಿ ಮೀಟಿಂಗ್

-ಸರೋಜಾ ಗುರುದಾಸ್

ಭೂ ನಿವಾಸಿಗಳೇ ಜಯ ಘೋಷ ಮಾಡಿ ಪ್ರಭುಗೆ ಅತಿ ಸಂತೋಷದಿಂದ ಸೇವೆ ಮಾಡಿ ಆತನಿಗೆ. ಕೀರ್ತನೆ 100:1,2.

ಬಾಲಾಜಿನಗರ ಎಸ್,ಸಿ,ಸಿ, ಮೀಟಿಂಗ್(ಕಿರು ಕ್ರೈಸ್ತ ಸಮುದಾಯ ಸಭೆ :

1. ಪ್ರಾರ್ಥನೆ:- ಒಂದನೇ ಮಾರ್ಚ್ 2025 ಸೆಂಟ್ ಪಾಲ್ಸ್ (ಸಂತ ಪೌಲರ) ಕಿರು ಕ್ರೈಸ್ತ ಸಮುದಾಯವು ಶ್ರೀಮತಿ ಸರೋಜಾ ಗುರುದಾಸ್ ಅವರ ಮನೆಯಲ್ಲಿ 25 ಸದಸ್ಯರನ್ನೊಳಗೊಂಡ ಪ್ರಾರ್ಥನಾ ಕೂಟವು ಪ್ರಾವಿಡೆನ್ಸಿ ಕಾನ್ವೆಂಟಿನ ಪೂಜ್ಯ ಸಿಸ್ಟರ್ ಶಾಂತಿ ಪ್ರಿಯ, ಪೂಜ್ಯ ಸಿಸ್ಟರ್ ಲೆವನಿಸ್, ಶ್ರೀಮತಿ ಸರೋಜಾ ಹಾಗೂ ಶ್ರೀಯುತ ಪೀಟರ್ ಇವರ ಮಾರ್ಗದರ್ಶನದಲ್ಲಿ ಪ್ರಾರ್ಥನೆಯೊಂದಿಗೆ ಸಭೆಯು ಪ್ರಾರಂಭವಾಯಿತು.
2. ಬೈಬಲ್ ಪಠಣ:- ಪ್ರೇಷಿತರ ಕಾರ್ಯಕಲಾಪಗಳು ಅಧ್ಯಾಯ ಎರಡನ್ನು ಓದಲಾಯಿತು.
3. ಆರಿಸಿದ ವಾಕ್ಯಗಳ ಪುನರ್ ಪಠಣ:- ಸದಸ್ಯರು ಓದಿದ ಪವಿತ್ರ ವಾಕ್ಯಗಳಲ್ಲಿ ತಮಗಿಷ್ಟವಾದ ವಾಕ್ಯವನ್ನು ಆರಿಸಿ ಮೂರು ಸಾರಿ ಪುನರುಚ್ಚರಿಸಿದರು.
4. ಧ್ಯಾನ :- ಓದಿದ ದೇವರ ವಾಕ್ಯವನ್ನು ಮೌನವಾಗಿ ಧ್ಯಾನಿಸಿದೆವು
5. ಚಿಂತನೆ:- ಓದಿದ ದೇವರ ವಾಕ್ಯವನ್ನು ತಮ್ಮದೇ ಆದ ಸ್ವಂತ ಅನುಭವದಿಂದ ಇತರರೊಂದಿಗೆ ಹಂಚಿಕೊಂಡರು.
6. ಸಂದೇಶ:- ಪೂಜ್ಯ ಸಿಸ್ಟರ್ ಶಾಂತಿ ಪ್ರಿಯ ಅವರು ಸಭಿಕರನ್ನು ಉದ್ದೇಶಿಸಿ ದೇವರ ವಾಕ್ಯದ ಸಂದೇಶವನ್ನು ಅರ್ಥಗರ್ಭಿತವಾಗಿ ವಿವರಿಸಿದರು.
7. ಸೇವಾ ಕಾರ್ಯ:- ಇದು ವರ್ಷದ ಮೊದಲನೆಯ ಸಭೆ ಯಾದುದರಿಂದ ಹಾಗೂ ಹೊಸ ಪಿಪಿಸಿ ಮೆಂಬರ್ ಆಯ್ಕೆಯಾಗಿರುವ ಕಾರಣ ಯಾವುದೇ ಸೇವಾ ಕಾರ್ಯಗಳನ್ನು ಹಿಂದಿನ ಸಭೆಯಲ್ಲಿ ಕೈಗೊಂಡಿರಲಿಲ್ಲ. ಮುಂದಿನ ಎಸ್ ಸಿ ಸಿ ಮೀಟಿಂಗ್ 12 ಏಪ್ರಿಲ್ 2025 ಶನಿವಾರ ಶ್ರೀಮತಿ ಮರ್ಸಿ ಮಾರ್ಗರೇಟ್ ಅವರ ಮನೆಯಲ್ಲಿ ನಡೆಸಲಾಗುವುದು ಎಂದು ಸಭೆಯಲ್ಲಿ ತೀರ್ಮಾನಿಸಲಾಯಿತು ಹಾಗೂ ಪೂಜ್ಯ ಸಿಸ್ಟರ್ ಶಾಂತಿ ಪ್ರಿಯ ಅವರು ಮುಂದಿನ ಸಭೆಯಲ್ಲಿ ಪವಿತ್ರಾತ್ಮರ ಪ್ರಾರ್ಥನಾ ಗೀತೆಯೊಂದಿಗೆ ಸಭೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿ ಎಂದು ಸಲಹೆಯನ್ನು ನೀಡಿದರು. ಎಲ್ಲಾ ಸದಸ್ಯರು ಇದಕ್ಕೆ ತಮ್ಮ ಒಪ್ಪಿಗೆಯನ್ನು ಸೂಚಿಸಿದರು.ತಿಂಗಳಿಗೊಮ್ಮೆ ಎಸ್ ಸಿ ಸಿ ಮೀಟಿಂಗ್ ಮಾಡುವಾಗ ಆ ತಿಂಗಳಲ್ಲಿ ಬರುವ ಸದಸ್ಯರ ಹುಟ್ಟುಹಬ್ಬವನ್ನು ಸಭೆಯಲ್ಲಿ ಎಲ್ಲರೂ ಅವರಿಗೆ ಶುಭಾಶಯ ಕೋರಿ ಆಚರಿಸೋಣ ಎಂದು ತೀರ್ಮಾನಿಸಿದೆವು.
8. ಅಂತಿಮ ಪ್ರಾರ್ಥನೆ :-ಪಿಪಿಸಿ ಮೆಂಬರ್ ಆದ ಶ್ರೀಮತಿ ಸರೋಜಾ ಗುರುದಾಸ್ ಅವರು ಅಂತಿಮ ಪ್ರಾರ್ಥನೆಯನ್ನು ಮಾಡಿದರು. ಕೊನೆಗೆ ಲಘು ಉಪಹಾರದೊಂದಿಗೆ ಸಭೆಯು ಮುಕ್ತಾಯವಾಯಿತು.

ಸೆಂಟ್ ಫಾಲ್ಸ್ ವಾರ್ಡ್,ಬಾಲಾಜಿನಗರ

ಸರೋಜಾ ಗುರುದಾಸ್

ಶಿಲುಬೆಯ ಹಾದಿ

8.3.20 ಶನಿವಾರದಂದು ಶ್ರೀಮತಿ ತೆರಿಸ್ಸಿನ ಅವರ ಮನೆಯಲ್ಲಿ ಮನೆಯಲ್ಲಿ 7 ಗಂಟೆಗೆ ಶಿಲುಬೆ ಹಾದಿಯನ್ನು ಹಮ್ಮಿಕೊಂಡಿದ್ದೆವು .ಈ ಶಿಲುಬೆ ಹಾದಿಯಲ್ಲಿ ಸುಮಾರು 20 ಜನರು ಭಾಗವಹಿಸಿದ್ದರು. ಶಿಲುಬೆಯ ಹಾದಿಯನ್ನು ಕನ್ನಡ ಮತ್ತು ತಮಿಳು ಭಾಷೆಯಲ್ಲಿ ಮಾಡಿದೆವು. ಅನಂತರ ಕುಟುಂಬ ಪ್ರಾರ್ಥನೆಯನ್ನು ಓದಿದೆವು ಕೊನೆಯಲ್ಲಿ ಶ್ರೀಮತಿ ಸರೋಜಾ ಗುರುದಾಸ್ ಅವರು ಅಂತಿಮ ಪ್ರಾರ್ಥನೆಯನ್ನು ಮಾಡಿದರು.

ಮುಂದಿನ ಶನಿವಾರ 15 ಮಾರ್ಚ್ 2025 ಶನಿವಾರ ಶ್ರೀಮತಿ ಜಾನ್ಸಿಯವರ ಮನೆಯಲ್ಲಿ ಸಂಜೆ ಏಳು ಗಂಟೆಗೆ ಶಿಲುಬೆಯ ಹಾದಿಯನ್ನು ನಡೆಸಲಾಗುವುದು ಎಂದು ತೀರ್ಮಾನಿಸಿದವು. ಕೊನೆಯಲ್ಲಿ ಲಘು ಉಪಹಾರದೊಂದಿಗೆ ಸಭೆಯು ಮುಕ್ತಾಯವಾಯಿತು.

ಆರೋಗ್ಯ ತಪಾಸಣಾ ಶಿಬಿರ

ಮಾರ್ಚ್ 23ನೇ ತಾರೀಖು ಭಾನುವಾರ ಬೆಳಗ್ಗೆ 8 ರಿಂದ ಮಧ್ಯಾಹ್ನ 2 ರ ವರೆಗೆಕೋರಮಂಗಲದ ಆಪೋಲ್ಲೋ ಕ್ಲಿನಿಕ್ ನವೈದ್ಯರು ಮತ್ತು ದಾಯಾದಿಗಳ ವತಿಯಿಂದ ಆರೋಗ್ಯ ತಪಾಸಣೆಯನ್ನುನಮ್ಮ ಧರ್ಮಕೇಂದ್ರದ ಆವರಣದಲ್ಲಿ ನಡೆಸಲಾಯಿತು. ಮಹಿಳೆಯರಸಮಿತಿಯ ಪದಾಧಿಕಾರಿಗಳು ಹಾಗೂ ಸ್ವಯಂ ಸೇವಕರುಆರೋಗ್ಯ ತಪಾಸಣೆಯ ಕಾರ್ಯಕ್ರಮವನ್ನು ನಡೆಸಲುನೆರವು ನೀಡಿದರು.

ಕಣ್ಣು, ಕಿವಿ, ದಂತ ಪರೀಕ್ಷೆ, ಬಿ ಪಿ ನಿಯಂತ್ರಣಮತ್ತು ಸ್ತನ ಕ್ಯಾನ್ಸರ್ ಬಗ್ಗೆತಿಳುವಳಿಕೆ ನೀಡಿದರು. ಸುಮಾರು 106 ಮಂದಿಈ ಅವಕಾಶವನ್ನು ಸದುಪಯೋಗಪಡೆದುಕೊಂಡರು.

ನಮ್ಮ ಧರ್ಮಕೇಂದ್ರದ ಗುರುಗಳಾದ ವಂದನೀಯ ಪ್ರಶಾಂತ್ಫೆರ್ನಾಂಡಿಸ್ ರವರು ಆರೋಗ್ಯ ತಪಾಸಣೆಯಸ್ಥಳಕ್ಕೆ ಭೇಟಿ ನೀಡಿ ಎಲ್ಲಾವೈದ್ಯ ವ್ರಂದದವರ ಕಾರ್ಯವನ್ನು ಪ್ರಶಂಶಿಸಿ ಎಲ್ಲಾ ಮಹಿಳಾ ಸಮಿತಿಯಪದಾಧಿಕಾರಿಗಳಿಗೆ ಹಾಗೂ ಸ್ವಯಂ ಸೇವಕರಿಗೆಕೃತಜ್ಞತೆಗಳನ್ನು ಸಲ್ಲಿಸಿದರು.

Journey
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"ಭಜಿಸುನನ್ನ ಮನವೇ ಭಜಿಸು ಪ್ರಭುವನು, ಮರೆಯದಿರು ಆತನ ಉಪಕಾರಗಳಲೊಂದನು" ಕೀರ್ತನೆ, 103:2.

-ಸರೋಜಾ ಗುರುದಾಸ್

ತಂದೆಯಾದ ದೇವರ ಪರಿಶುದ್ಧ ನಾಮಕ್ಕೆಸ್ತುತಿ ಸ್ತೋತ್ರವನ್ನು ಸಲ್ಲಿಸೋಣ.

ಪ್ರಾರ್ಥನಾಪುಷ್ಪ ಮಾತೆ ಮೇರಿ ಸೇನೆಯವತಿಯಿಂದ 26 ಫೆಬ್ರವರಿ 2025 ಬುಧವಾರ ಪ್ರಾರ್ಥನಾ ಪುಷ್ಪ ಮಾತೇ ಮೇರಿಸೈನ್ಯದವರು. ಫಾತಿಮಾ ಮಾತೆ ಆಡಳಿತದಮಾಜಿ ಅಧ್ಯಕ್ಷರಾದ ಫಿಲೋಮಿನಾ ಮ್ಯಾನುವಲ್, ಮಾಜಿ ಅಧ್ಯಕ್ಷರಾದ ಸ! ಲೂಸಿಯಾ, ಮಾಜಿಕಾರ್ಯದರ್ಶಿಯಾದ ಫ್ರಾನ್ಸಿಸ್, ಖಜಾಂಚಿಸ! ಸಗಾಯಿ, ಸದ್ಯಸ್ಯರುಗಳದ ಸ! ಸರೋಜಾ ಗುರುದಾಸ್, ಸ! ಉತ್ತರ ಮೇರಿ ಹಾಗೂ ಅಧ್ಯಕ್ಷರಾದ ಸ! ಸುಶೀಲ ರವರೊಂದಿಗೆ ಇಸ್ ಪ್ಯಾರಡೈಸ್ದ ಡಿಸಾರ್ಟಡ್ (HIS PARADISE FOR THE DESERTED) ಎಂಬ ವಿಕಲಚೇತನ ಮಕ್ಕಳನ್ನುಭೇಟಿ ಮಾಡಲು ಹೋಗಿದ್ದೆವು. ಅಲ್ಲಿರುವಪುಟ್ಟ ಪುಟ್ಟಮಕ್ಕಳನ್ನು ನೋಡಿ ನಮ್ಮೆಲ್ಲರ ಮನಸ್ಸುಕರಗಿತು. ನಾವೆಲ್ಲರೂ ಮಕ್ಕಳ ಜೊತೆಸ್ವಲ್ಪ ಸಮಯವನ್ನು ಕಳೆದೆವು . ಸಿಸ್ಟರ್ ಮೋನಿಕಾ ರವರುಮಾಡುವ ಸೇವಾ ಕಾರ್ಯವು ಶ್ಲಾಘನೀಯವಾದದ್ದು, ದೇವರು ಅವರಿಗೆ ಒಳ್ಳೆಯ ಆರೋಗ್ಯವನ್ನುನವ ಚೈತನ್ಯವನ್ನು ದಯಪಾಲಿಸಲಿಎಂದು ಪ್ರಾರ್ಥಿಸಿದೆವು. ಅವರನ್ನು ಬೀಳ್ಕೊಟ್ಟು, ಅದೇದಿನ ಜ್ಯೋತಿ ಸೇವಾಸೊಸೈಟಿ ಅಂದರೆ ಅಂದ ಮಕ್ಕಳನ್ನುಭೇಟಿ ಮಾಡಲು ಹೋದೆವು ಸಿಸ್ಟರ್ಟೆರಿಸಿಟ (Sr Teresita) ಇವರು ನಮ್ಮನ್ನು ಪ್ರೀತಿಯಿಂದಸ್ವಾಗತಿಸಿದರು. ಅಂದು ಶಿವರಾತ್ರಿ ರಜೆಇದ್ದ ಕಾರಣ, ಮಕ್ಕಳೆಲ್ಲರನ್ನು ನೋಡಲುಸಾಧ್ಯವಾಯಿತು, ಅವರು ಅಂಧ ಮಕ್ಕಳಾದರೂಅವರಲ್ಲಿರುವ ಆತ್ಮಸ್ಥೈರ್ಯ ಧೃಡ ಮನಸ್ಸು ಮೆಚ್ಚುವಂತದ್ದು, ಅವರೆಲ್ಲರೂ ಒಟ್ಟಾಗಿ ಸೇರಿ ಕೆಲವುಹಾಡುಗಳನ್ನು ಶುಶ್ರಾವ್ಯವಾಗಿ ನಗುನಗುತ್ತಾ ಹಾಡಿದರು. ಎಲ್ಲಾ ಮಕ್ಕಳಮುಖದಲ್ಲಿ ಮುಗ್ಧತೆ ಮಂದಹಾಸ ಹಾಸುಒಕ್ಕಗಿರುವುದನ್ನು ಕಂಡೆವು. ನಮ್ಮ ಪ್ರಾರ್ಥನಾ ಪುಷ್ಪದಅಧ್ಯಕ್ಷರಾದ ಶ್ರೀಮತಿ ಸುಶೀಲರವರು ಮಕ್ಕಳಿಗೆ ಒಂದು ಹಾಡನ್ನುಹಾಡಿಸಿದರು. ಎಲ್ಲರೂ ಸಂತೋಷದಿಂದ ಹಾಡಿ ನಲಿದಾಡಿದರು, ನಂತರಅವರಿಗಾಗಿ ಫಿಲೋಮಿನಾಮ್ಯಾನುವಲ್ ರವರು ಪ್ರಾರ್ಥನೆ ಮಾಡಿದರು. ಅವರೆಲ್ಲರನ್ನುಬೀಳ್ಕೊಟ್ಟು ಮರಳಿ ನಮ್ಮ ನಮ್ಮಮನೆಗಳಿಗೆ ಹಿಂದಿರುಗಿದೆವು.

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சிலுவை நம்பிக்கையின் பாலம்

சிலுவை என்பது நேசம், தியாகம், மீட்பு ஆகியவற்றின் உச்சச் சின்னமாகும். இது வெறும் மரக்கட்டையாக இல்லாமல், தெய்வீக இரக்கம் மனிதக் குறைபாடுகளை சந்திக்கும் சந்திப்பாக விளங்குகிறது. ஏற்பாட்டின் இந்த பருவத்தில், சிலுவையை நாம் வெறும் நம்பிக்கைச் சின்னமாக அல்ல, மறைந்து கிடக்கும் அன்பின் மகத்துவமான செயலாக பார்க்க அழைக்கப்படுகிறோம். கிரிஸ்து தம்முக்காக சிலுவையை சுமந்தவரல்ல; ஆனால் நம்முக்காக, நமது பாவங்களின் பாரத்தைச் சுமந்து, அவமானத்தையும், வேதனையையும், இறப்பையும் தழுவி, நமக்காக உயிரைக் கொடுத்தார்.

சிலுவை ஒரு சீடத்துவ அழைப்பாகும் — "யார் என் சீடராக இருக்க விரும்புகிறாரோ, அவர் தன்னை மறுத்து, தன் சிலுவையை நாள்தோறும் ஏற்றுக்கொண்டு என்னைப் பின்தொடரட்டும்" (லூக்கா 9:23). நமது நாளாந்த துன்பங்கள், தியாகங்கள், அன்பின் செயல்கள் என அனைத்தையும் ஏற்றுக்கொள்வதன் மூலம் நாம் கிரிஸ்துவோடு இணைகிறோம். சிலுவையின் ஒவ்வொரு காயம், முள்ளுக்கிரீடத்தின் ஒவ்வொரு முட்டும், அறைந்த ஒவ்வொரு ஆணியும் நமக்கு உணர்த்துவது, உண்மையான அன்பு சுகபோகத்திற்கு அப்பாற்பட்டது; அது முழுவதுமாக தன்னை ஒப்புகொடுத்தலாகும்.

சிலுவை என்பது ஏமாற்றத்துக்கும் நம்பிக்கைக்கும் இடையிலான பாலமாகும்; இறப்புக்கும் உயிர்த்தெழுதலுக்கும் இடையிலான பாலமாகும். சிலுவை நமக்கு புரியவைக்கும் உண்மை, கிரிஸ்துவோடு இணைந்தால் துன்பம் அர்த்தமற்றதல்ல. இது மன்னிக்க அழைக்கிறது, நிபந்தனையற்ற அன்பை வழங்க அழைக்கிறது, கடவுளின் செயல்பாட்டிற்கு முழுமையாக ஒப்புக்கொள்ள அழைக்கிறது. சிலுவையை பார்க்கும் போது, நமது பாவங்களின் ஆழத்தையும், கடவுளின் அளற்ற இரக்கத்தையும் காண்கிறோம். இது வேதனை மற்றும் அமைதி, இழப்பு மற்றும் வெற்றி ஆகியவற்றின் கலவையாகும்.

ஏற்பாட்டின் இந்தப் பருவத்தில், சிலுவையை வெறும் பார்வையிடாமல், அதன் அர்த்தத்தை நம் வாழ்வில் ஏற்க முயலவேண்டும். துன்பத்தில் பலத்தையும், இழப்பில் கிருபையையும், இறப்பில் உயிரையும் காணலாம். சிலுவை முடிவல்ல; அது மகிமையின் பாதையாகும், பாவத்தின் மீது அன்பின் வெற்றியாகும், நித்திய வாழ்வின் நம்பிக்கையாகும். எந்த வேதனையும் வீணாகாது; ஒவ்வொரு கண்ணீரும் கணிக்கப்பட்டுள்ளது; கிரிஸ்துவினுள், இருட்டான இரவும் விடியற்காலையாக மாறும். சிலுவை ஒரு வரலாற்று நிகழ்வாக மட்டுமல்ல; அது நமது வாழ்வின் நடப்பு உண்மை, நம்பிக்கையுடன் வாழ ஒரு அழைப்பு, தைரியத்துடன் நடக்க ஒரு உறுதி, கடவுளின் களங்கமற்ற அன்பின் மீது நம்பிக்கை கொள்ள ஒரு அருள்.

இப்படிக்கு
அரோக்கிய ஜெய பிரகாஷ்



மகளிர் தினம் 2025

மகளிர் தினத்தை முன்னிட்டு, நம் பங்கில் மகளிர் குழுவின் தலைமையில் 09 மார்ச் 2025 அன்று சிறப்பான விழா வெற்றிகரமாக நடத்தப்பட்டது. 150-க்கும் மேற்பட்ட பெண்கள் கலந்துகொண்ட இந்த நிகழ்வு, பெண்களின் ஒன்றிணைப்பு மற்றும் சமூக பங்களிப்பை கொண்டாடும் நினைவூட்டலாக அமைந்தது.

விழா, இளஞ் செல்விகள் அழகான மலர் கொடுத்து வரவேற்றதுடன் தொடங்கியது. பின்னர், பாரம்பரிய பரதநாட்டிய நடனத்துடன் இறை வணக்கம் செலுத்தப்பட்டது.
சிறப்பு விருந்தினர்களாக, ஹோலி கிராஸ் அருட்சகோதரி டிக்னா, ரெடெம்ப்டொரிஸ்ட் திருச்சபையின் அருட்சகோதரி சூசி, அருட்தந்தை அரோகியசாமி மற்றும் அருட்தந்தை யூஜீன் ஆகியோர் கலந்துகொண்டு நிகழ்வை சிறப்பித்தனர்.

முக்கிய நிகழ்வாக, 88 வயதான மூத்த பெண்மணியும், 18 வயது இளைய பெண்மணியும் இணைந்து கேக் வெட்டி தலைமுறைகளின் ஒற்றுமையை வெளிப்படுத்தினர்.

இந்நிகழ்வில் புதிய மகளிர் குழு அறிமுகப்படுத்தப்பட்டதோடு, சமூகத்தில் தனிப்பட்ட பங்களிப்பு செய்த கீழ்க்கண்ட பெண்கள் சிறப்பாக கௌரவிக்கப்பட்டனர்:
வசந்தி – மாநில விருது பெற்ற செவிலியர்
பொக்கிஷா சகாயம் – 400+ பெண்களுக்கு தையல் பயிற்சி அளித்தவர்
பிரிட்ஜிட் – பாரம்பரிய உணவுகளை புத்தாக்கமாக மீட்டெடுத்த எழுத்தாளர்
கிருபா – முழு பைபிளை தமிழில் கை எழுத்தில் எழுதியவர்
அல்ரிஷா ராஸ்கின்ஹா – மாநில ஹாக்கி அணியின் கேப்டன்
விழாவின் இறுதியில், குழு விளையாட்டுகள் மற்றும் பரிசுகள் மூலம் நிகழ்வில் கலந்துகொண்ட அனைவருக்கும் மகிழ்ச்சியான அனுபவம் வழங்கப்பட்டது.

"இந்த விழா பெண்களின் ஆற்றல், ஒற்றுமை மற்றும் சமூக நலனுக்கான பங்களிப்பை வெளிக்கொணர்ந்த ஒரு முக்கிய நிகழ்வாகும்," என பங்குத் தந்தை அருட்தந்தை பிரசாந்த் பெர்னாண்டஸ் கருத்து தெரிவித்தார்.

மகளிர் முதன்மை குழு உறுப்பினர்கள்:

அருட்தந்தை பிரசாந்த் பெர்னாண்டஸ் - ஆன்மீக ஆலோசகர்
பிலோமினா மேனுவல் - தலைவர்
சுசீலா ராஜு - துணை தலைவர்
நிம்பா மேனேசஸ் - செயலாளர்
சகாய மேரி - இணை செயலாளர்
விஜயா C - பொருளாளர்
பிரதிபா ரோட்ரிக்ஸ் - இணை பொருளாளர்
அற்புத விஜி - இளையோரின் ஒருங்கிணைப்பாளர்
வீனா செறாவோ மற்றும் **பிரிஸில்லா மேனேசஸ்** - முக்கிய குழு உறுப்பினர்கள்

நமது பங்கு மகளிரே, நாமும் மகளிர் குழுவில் இணைந்து நம்மை வலுப்படுத்திக்கொள்வோம்! பங்கு மக்களின் நலனுக்காக துணை நிற்போம்.

இப்படிக்கு
சகாய மேரி

A Season of Reflection and Renewal

சித்தார்த்த நகர் - அன்பிய கூட்டம்

நமது பங்கின் கிளை பங்கான சித்தார்த நகரில் அன்பிய கூட்டமானது மாதத்தின் முதல் வியாழக்கிழமை நடைபெறுகிறது. அந்த கூட்டத்தில் 10 உறுப்பினர்கள் கலந்து பேசி தொடக்க செபமும் அதனை தொடர்ந்து திரு விவிலியத்தில் உள்ள நற்செய்தியை படித்து அதில் மனத்திற்கு பிடித்த வசனங்களை மூன்று முறை சொல்லி பின் ஒவ்வொருவரும் அந்த வசனத்திற்கு விளக்கமும் கொடுக்கின்றோம். நம் மனதை தொடும் வார்த்தைகளும் அதற்கான விளக்கமும் அருமையாக எடுத்து கூறுகின்றனர். பின் ஒன்று கூடி செபம் செய்து முடிவுரையோடு எல்லாம் வல்ல இறைவனுக்கு நன்றி செலுத்துகின்றோம். இறுதியாக சிற்றுண்டியோடு எங்கள் அன்பிய கூட்டம் நிறைவு பெறுகிறது.

இப்படிக்கு
குழந்தை தெரேசா

Journey Through Lent
A Season of Reflection and Renewal

LENTEN CROSS

-Ferdinands



and Renewal

ELECTED MEMBERS TO THE PARISH PASTORAL COUNCIL FROM DIFFERENT WARDS – 2025

Sl. No.	Names	Designation	Mobile Number
1	Mrs. Arputa Mary	AK and Bovi colony	9535199072
2	Mrs. Janci	Balaji Nagar	8660502534
3	Mrs. Dakshi Miriam Teresa	Bharti Layout/ Bhavani Nagar	89517 14160
4	Mr. Jaipal Raj	Brindavan Nagar	8105414535
5	Mr. Francis C.	BTM Stage 1	94483 79850
6	Mr. Ravi Benette Kumar	BTM stage 2 and NS Palya	95351 39198
7	Mr. Janeshwara Ambrose	Chikkadugodi	99860 72514
8	Mr. A. Gunaseelan	Dairy CIrcle	8296722777
9	Mr. John Roche	HSR – 5th Sector	9880033251
10	Mr. Thomas Alexander	Jai Bheem Nagar	88618 20890
11	Mr. Thomas	Koramangala 1& 2 block	9945734488
12	Ms. Ann Lynn Correa	Koramangala 3rd block	9886918430
13	Mrs. Reshma Mascarenhas	Koramangala 4th block	9844282911
14	Mrs. Lawrencia Babu	Koramangala 5thBlock	98459 75445
15	Mrs. Veena Serrao	Koramangala 6th Block	99720 31166
16	Mrs. Susheela Raju	Koramangala 7th Block	88617 96216
17	Mr. Rahul Joseph	Koramangala 8th Block	8197044163
18	Mr. P.G. Daniel	Mahalingeshwara Layout	98805 07534
19	Mrs. Shobha Raju	Maruthinagar I	88674 20065
20	Mr. Vinod S	Maruthinagar II	98458 84939
21	Mr. Martin Micheal	Maruthinagar III	98451 29194
22	Mrs. Vijiya C.	Nanjappa Layout (Adugodi)	9845272584
23	Mr. Antony Naveen	Old Madiwala	9986007812
24	Mrs. Rani Thomas	S.T. Bed	98455 40519
25	Mrs. Sundanda Rani	SG Palya	97399 47175
26	Mr. Manoj	Siddarthnagar	9986594910
27	Dr. James JVN	St. John Qts I	80505 27808
28	Mr. Peter William	St. John's Qts II	98807 72775
29	Mr. Francis	Tavarekere	9481437564
30	Mrs. Benedicta D'Souza	Teachers Colony	9341468321
31	Mr. Deepak Fernandes	Venkatapura	99007 46746

UPCOMING EVENTS

APRIL 11



SIXTH FRIDAY OF LENT: WAY OF THE CROSS TIMINGS

Tamil-5.00 P.M. Followed by Mass in Tamil.,
Kannada-6.15 P.M., English-7.00 A.M., 12.30 P.M. & 7.00 P.M.

APRIL 12



KANNADA NIGHT VIGIL FROM 09.00 P.M. TO 05.00 A.M. BY MARIAN MINISTRY



HOLY WEEK SCHEDULE

APRIL 13



PALM SUNDAY

Tamil – 6.00 a.m. Kannada- 8.00 a.m., English- 10.00 a.m, 12.00 p.m., & 5.00 p.m. No Blessing of the Palms in the Evening
3.00 p.m. - A special English Mass for the sick & the senior citizens of the parish.

APRIL 14-16



14TH APRIL TO 16TH APRIL

CONFESSIONS FROM 5.00 P.M. TO 7.30 P.M.

APRIL 17



HOLY THURSDAY / MAUNDY THURSDAY

Tamil – 5.00 p.m., English – 7.00 p.m. , Kannada – 9.00 p.m.
Adoration: 11.00 p.m. – 12.00 p.m.

APRIL 18



GOOD FRIDAY: DAY OF FAST & ABSTINENCE

Way of the Cross: Tamil – 7.00 a.m., Kannada – 9.00 a.m. , English – 11.00 a.m. Passion of the Lord: Kannada – 2.30 p.m., Tamil - 5.00 p.m., English-7.30 p.m.

APRIL 19



HOLY SATURDAY

Vigil Services: Tamil – 6.30 p.m.,
English – 9.00 p.m., Kannada –11.30 p.m.

APRIL 20



EASTER SUNDAY OF THE LORD'S RESURRECTION

Mass timings: Tamil-7.00 a.m., Kannada-8.15 a.m.,
English-9.30 a.m., 11. 00 a.m. & 12.15 p.m.
No Evening Mass



Canticle of the Creatures



Most High, all-powerful, all-good Lord,
all praise is Yours, all glory,
all honour and all blessings.

To you alone, Most High, do they belong, and no
mortal lips are worthy to pronounce Your Name.

Praised be You, my Lord, with all Your creatures,
especially Sir Brother Sun, Who is the day
through whom You give us light. And he is
beautiful and radiant with great splendour,
of You Most High, he bears the likeness.



Praised be You, my Lord, through Sister Moon
and the stars, in the heavens you have made
them bright, precious and fair.

Praised be You, my Lord, through Brothers Wind
and Air, and fair and stormy, all weather's moods,
by which You cherish all that You have made.

Praised be You, my Lord, through Sister Water,
so useful, humble, precious and pure.



Praised be You, my Lord, through Brother Fire,
through whom You light the night and he is
beautiful and playful and robust and strong.

Praised be You, my Lord, through our Sister,
Mother Earth who sustains and governs us,
producing varied fruits with coloured flowers
and herbs.



Praised be You, my Lord, through those who grant
pardon for love of You and bear sickness and trial.
Blessed are those who endure in peace,
by You Most High, they will be crowned.



Praised be You, my Lord, through Sister Death,
from whom no-one living can escape.
Woe to those who die in mortal sin!
Blessed are they She finds doing Your Will,
no second death can do them harm.

Praise and bless my Lord and give Him thanks,
and serve Him with great humility.

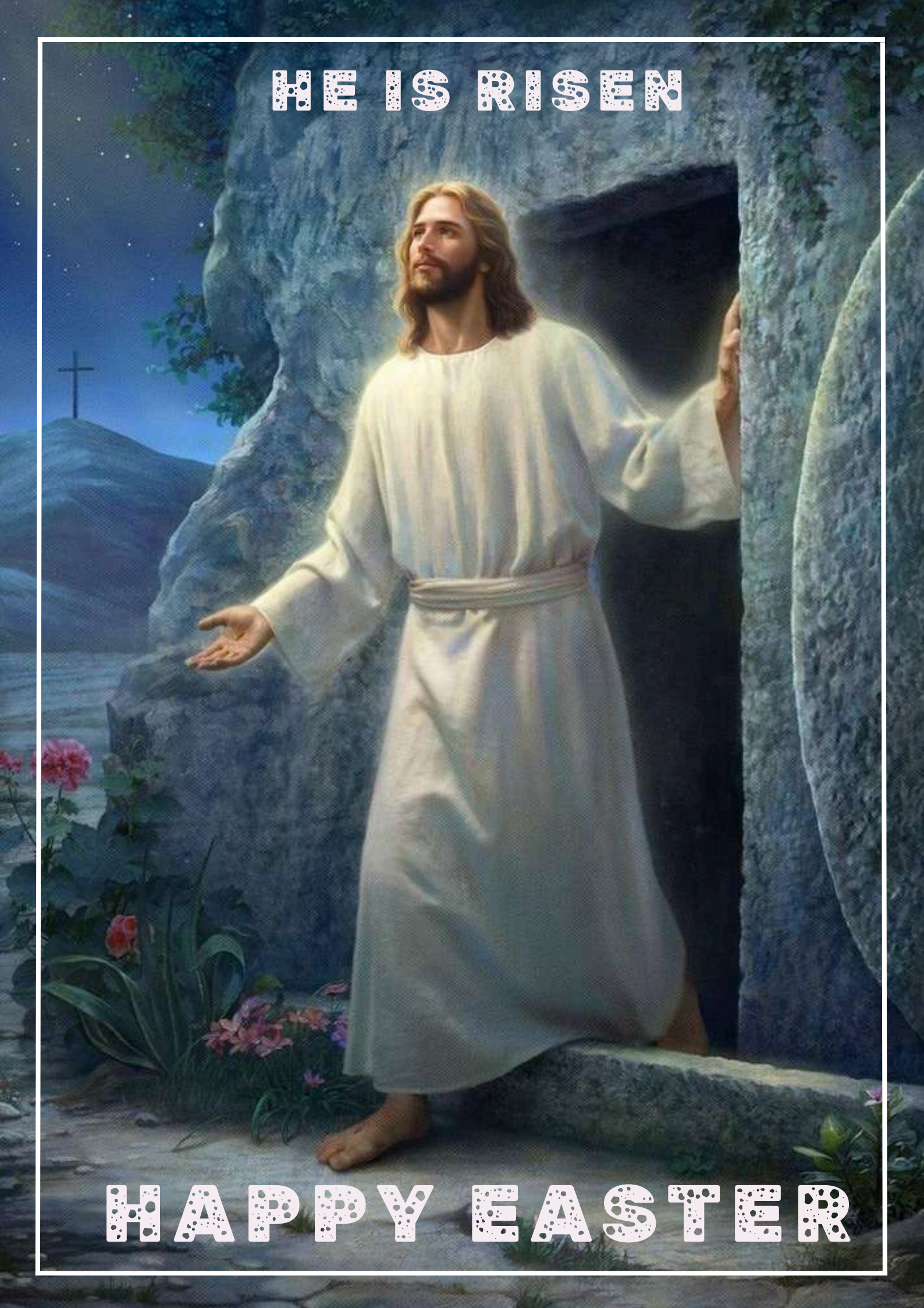
St. Francis of Assisi





Santuario di San Damiano
ASSISI - ITALIA




HE IS RISEN
HAPPY EASTER